



## Bio Medical Centre FACT SHEET

### THE CLINIC

#### Bio-Medical Centre (Hoxsey Clinic)

Since 1963, the Bio Medical Centre in Tijuana, Mexico has provided Hoxsey therapy to many patients suffering from cancer. It was one of the first alternative cancer facilities in Mexico. The Hoxsey method was developed in the 1920s by Harry Hoxsey, who claimed his grandfather had discovered the beginnings of the treatment when one of his horses who grazed on plant life in their field, had a tumour that disappeared. After mixing these plants with other remedies thought to cure cancer, the Hoxsey tonic was born. Harry Hoxsey marketed and sold the Hoxsey tonic to people suffering from cancer. After lengthy legal battles, which saw him imprisoned and later released, he was banned from practicing medicine and prescribing the tonic in the USA. So, unwilling to concede, he moved his practice over the border to Mexico in the 1963 so he could continue to help people fight this dreadful disease. Mildred Nelson, who was Harry Hoxsey's chief nurse at the Hoxsey Clinic in Dallas, took over running the practice in Tijuana, Mexico when Harry Hoxsey died. Mildred herself died in 1999 and her sister Liz Jonas, with the help of her son Mike, now run the clinic.

### WHAT IS THE TREATMENT?

The treatment is relatively inexpensive as compared to other overseas therapies and clinics. It costs approx. \$1000 for the tonic plus extras of up to \$2000 depending on the diagnosis. In addition to the Hoxsey treatment, which is comprised of a liquid elixir containing a mixture of herbs and several topical salves, the clinic may also use other supplements like: diet, nutrition, infusions and chelation therapy. The clinic treats most types of malignancies, but it is said to be especially effective with skin cancer (including melanoma), breast cancer, and has been successful with some recurrent cancers and even with patients who've had radiation and/or chemotherapy.

**THE DOCTORS:** Dr. Elias Gutierrez (our doctor), Dr. Vanessa Alvarez and Dr. Jose Rodriguez.

### HOW TO CONTACT THE CLINIC

Bio-Medical Centre  
615 General Ferreira, Colonia Juarez  
Tijuana, B.C. Mexico.

#### Mailing Address:

PO Box 433654  
San Ysidro, CA 92143-3654

**Email:** [biomedicalcenter@prodigy.net.mex](mailto:biomedicalcenter@prodigy.net.mex)

**Tel:** 011-52-664-684-90-11

**Fax:** 011-52-664-684-9744

## HOW TO GET THERE?

For those of you who have read our book Eat for your Life you would know that Laura and I have visited the clinic on 3 occasions now. We always fly from Brisbane to LA (sometimes via Sydney) and have used both Qantas and Virgin Atlantic Airlines. The flight to LA is just under 14 hours. When we arrive at LAX we pick up a hire car and use our American GPS to drive 2 hours south to San Ysidro, CA (which is 10 minutes south of San Diego and where we stay). If you prefer not to drive we have sourced the following information for you:

**Amtrack Train:** Departs Union Station, LA to San Diego. Trains leave hourly. Trip takes approx: 2hr 45 mins. Cost: \$37(US) for coach and \$56(US) for business class. You would then need to organise a cab to get you to your hotel in San Ysidro. Bookings via <http://tickets.amtrak.com/itd/amtrak>

**Bus:** Gotobus.com operate a bus service from East LA, Downtown LA (611, Maple Ave) or Huntington Park. **NB:** This is not a direct service from the airport at LAX, so you would need to organise a cab or shuttle into downtown LA from LAX. Best and shortest trip leaves 9.00pm from LA arrives in San Ysidro (where the Best Western Hotel actually is located) at 11.05pm. Cost: \$25 pp each way.

**Private Car:** Operated by Half Moon Transportation. Town car for 3 people (max) direct from LAX to San Diego. Cost: \$179. Contact: (888) 652 4652. [www.halfmoonlimos.com/](http://www.halfmoonlimos.com/) **NB:** (I'm sure you can enquire if driver can take you door to door to Best Western Hotel, San Ysidro).

## WHERE WE STAY?

**Best Western Americana Inn**  
**815 W.San Ysidro Blvd**  
**San Diego CA, 92173**



### Americana Inn

### San Diego

**Phone: (619) 428-5521**  
**Fax: (619) 428-0693**

We always book on line. Rooms from \$104.00 (US) per night, which is the clinic rate (book under discounts and packages on their website bookings form) and includes continental hot breakfast for 2, clinic transfers to bio medical and taxes. **Web address: <https://book.bestwestern.com>**

## DO WE NEED A VISA?

Australian citizens do not require a visa to enter into Mexico but you will need to apply for the US Visa waiver to enter the USA. This waiver is also needed to re-enter the US when you make the trip across the border to the clinic.

To apply for the visa waiver or 'travel authorisation', go to <https://esta.cbp.dhs.gov/esta/> and follow the instructions.

## **HOW LONG WILL I HAVE TO STAY AT THE CLINIC?**

Each case is different. The clinic offer daily infusions of Vitamin C and Laetrile so depending on your circumstances, it could be as little as a day or as long as a few weeks. If you are intending to go to the clinic, we suggest you send your current scan results to them before you travel so that they can advise you of your estimated length of stay.

So that's it in a nutshell. Laura and I have travelled safely to Mexico on 3 separate occasions and on 2 of these occasions Laura has taken her family too including her husband Rory, and her two young boys Elliot aged 12 and Zak aged 9. The clinic is a wonderful place and we actually look forward to going there each year. In the first stages of Laura's treatment at the Bio Medical Centre she was asked to return after 6 mths for a follow up consultation to basically investigate whether the Hoxsey treatment had been working. After 2 initial visits in September 2011 and then again in April 2012, Laura was told that her cancer had all but disappeared and was in remission. Laura was given a reprieve and was asked to visit the clinic in 12 months this time. She returned to the clinic in June 2013 where she received the news that her cancer had not returned and she was still miraculously in remission. We are planning our 4<sup>th</sup> visit in August 2014.

For any further information or if you wish to chat to either of us, please don't hesitate to contact us through our website [www.eatforacure.com.au](http://www.eatforacure.com.au) or at [www.alisontaafe.com.au](http://www.alisontaafe.com.au). If you prefer you can email us at [Alison\\_taafe@hotmail.com](mailto:Alison_taafe@hotmail.com) or [laura\\_young00@hotmail.com](mailto:laura_young00@hotmail.com)